

PMHA SEASON PRACTICE SCHEDULE SEPTEMBER 29, 2025 – MARCH 5, 2026

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>SATURDAY</u>
U5	SOEC 4:15-5:15 pm				
U7 (3)	MEMORIAL 4:30-5:30 pm	SOEC 4:45-5:45 pm			MCLAREN 8:15-9:15 am
U9 (3)	OHTC 5:45-6:45 pm (1 & 2)	MEMORIAL 4:30-5:30 pm (3 & 1)	MEMORIAL 4:30-5:30 pm (2 & 3)		
U9 DEV					MCLAREN 7:00-8:00 am
U11 REC (3)	MEMORIAL 5:45-6:45 pm (1 & 2)	OHTC 5:45-6:45 pm (3 & 1)	MEMORIAL 5:45-6:45 pm (2 & 3)		
U11 DEV (2)		OHTC 4:30-5:30 pm Dev A 4:30-5:30 pm Dev C	MEMORIAL 6:30-7:30 am Dev A SOEC 6:30-7:30 am Dev C	MEMORIAL 4:30-5:30 pm Dev A 5:45-6:45 pm Dev C	
U9/U11 FEM	SOEC 5:30-6:30 pm		SOEC 4:45-5:45 pm		
U13 REC (2)	OHTC 7:00-8:00 pm (1 & 2)		OHTC 6:30-7:30 pm (1 & 2)		

U13 T3	OHTC 8:15-9:15 pm	MEMORIAL 7:15-8:15 pm		MCLAREN 6:30-7:30 am	
U13 T2		OLIVER 6:45-8:00 pm	OHTC 5:15-6:15 pm	OHTC 5:15-6:15 pm	
U13 T1		MEMORIAL 5:45-7:00 pm		SOEC 4:45-6:00 pm	
U13/U18 F REC		OHTC U13/U18 Female Rec 7:00-8:00 pm		SOEC U13/U18 Female Rec 6:15-7:15 pm	
U15 REC (2)	MCLAREN 8:15-9:15 pm (1 & 2)		SOEC 7:30-8:30 pm (1 & 2)		
U15 T3		MCLAREN 6:30-7:30 am	OHTC 7:45-8:45 pm	OHTC 8:00-9:00 pm	
U15 T2		OHTC 8:15-9:15 pm	OLIVER 8:15-9:30 pm	MEMORIAL 7:00-8:00 pm	
U15 A FEM		SOEC 6:00-7:15 pm	SOEC 6:00-7:15 pm		

U18 REC (2)			MCLAREN 8:45-9:45 pm	MCLAREN 8:45-9:45 pm	
U18 T3		MEMORIAL 6:30-7:30 am	MEMORIAL 8:15-9:15 pm	MEMORIAL 8:15-9:15 pm	
U18 T2		MEMORIAL 8:30-9:30 pm	MEMORIAL 7:00-8:00 pm	OLIVER 8:00-9:15 pm	
U18 ZONE				SOEC 7:30-8:45 pm	
U18 A FEM		SOEC 7:30-8:45 pm		OHTC 6:30-7:45 pm	
GOALIE ICE	OHTC 4:30-5:30 pm				

NOTES: All times subject to change.

All team number estimates are subject to changes in registration and therefore could possibly change Division ice allotments. There will also be minor changes to the schedule during the year because of conflicts with events booked. Any such changes will be made on different dates if possible.

If your team needs to cancel a practice, you must give seven days' notice to the Division Director and Ice Ambassador so they may distribute ice to another team or cancel. Failure to do so will result in the team being charged for unused ice.

No hockey from Dec. 21, 2025 to Jan. 2, 2026. PMHA practice schedule resumes Jan. 5, 2026.

McLaren is **CLOSED** on all **statutory holidays**. Spectra Arenas remain open.

There will be **no practice ice** on the following dates at **SOEC**.

- Oct. 8, 2025 **Halestorm & Lindsey Stirling**
- Oct. 13, 2025 **WHL Game - Vees vs. Kelowna**

- Oct. 27, 2025 **WHL Game - Medicine Hat**
- Nov. 5, 2025 **WHL Game - Vees vs. Kelowna**
- Nov. 12, 2025 **WHL Game - Vees vs. Lethbridge**
- Nov. 18, 2025 **WHL Game - Vees vs. Edmonton**
- Nov. 25, 2025 **The Tea Party with Headstones & Finger Eleven**
- Dec. 9, 2025 **WHL Game - Vees vs. Tri-City Americans**
- Dec. 17, 2025 **WHL Game - Vees vs. Prince George**
- Jan. 27, 2026 **Harlem Globetrotters**
- Feb. 16, 2026 **WHL Game - Vees vs. Prince George**

Western CSSHL Championships start on March 7, 2026.