

Coach Coordinator Year End Report and Recommendations

Mini Vee's:

Shared ice with one Pre-Novice Team each week; instructors divided into group work stations. Original Head coach stepped down and lost some continuity in transition from coach to coach.

Recommend:

- Do not share ice with Pre-Novice, some intimidation factors
- Coaches/Instructors to meet prior to ice session for instructional purposes
- Identify 2-3 Head Instructors for more balanced teaching
- Contact PFS club re possible assistance with instruction.
- Players not to have all equipment while learning to skate
- Less structure; more fun and games

Pre-Novice:

Players were divided into two teams. Shared one ice session with Mini Vee's and the other with the second Pre-Novice team. Slow start due to movement of players up to Novice and quality of instruction.

Recommend:

- Both Pre-Novice teams share the ice together
- Two Head Coaches can then work together to unify the program
- Emphasize more skating skills
- Coaches to meet prior to ice session for instructional purposes
- Mandatory 4 Coaches on ice with 2 teams
- Incorporate more fun/games

Novice:

Four teams were divided into 2 ice sessions each week. Coaches used four lane skating pattern for optimal usage of ice and player development. Also, used small group work stations. Coaching staff's were unbalanced and one had minor issues with commitment, leadership..

Recommend:

- Coaches to meet prior to ice session for instructional purposes
- Mandatory 4 Coaches on ice with 2 teams
- Coaches divided evenly within the 4 teams
- Less games and more practices throughout the year
- Rotate goalies into regular practices as skaters and then have specified goalie days

Atom:

Two Atom Development teams shared one ice session and had one on their own. Four Recreation teams shared ice sessions each week. Issues with commitment, philosophy, team balance, ice time and player movement.

Recommend:

- On shared ice sessions, coaches meet prior to ice
- Mandatory 4 Coaches on ice with 2 teams

- Recreation level need to have minimum 2-1 practice/game ratio, should be 3-1
- Need more individual skill work throughout the Division, especially skating

Pee Wee:

Pee Wee AAA and Pee Wee B were given 2 practices per week. The 3 Recreation level teams were given 1 practice a week shared with one another and the Pee Wee female team. Issues with unbalanced skill levels, positional play – no defensemen, affiliation, Recommend:

- Continue to share ice however bump the number to 2 practices/week - Recreation
- Pee Wee AAA and B will share 1 ice session to gain more ice time
- Shared ice will also develop affiliation system
- If numbers are not sufficient to sustain a female team, incorporate them into the Pee Wee Recreation level

Bantam:

Recreation level was 1 practice to 1 game ratio. Two teams shared the practices. The Rep level each had 2 practices per week. Issues of unbalanced teams, injuries, parent expectations, participation at practice

Recommend:

- Need to increase ice time throughout the Division
- Develop more commitment at the Recreation level for practice participation
- Develop more skills particularly in Recreation level
- Incorporate more competitive drills in practice; game-like
- Put more players on each team for less teams

Midget:

Recreation Level was 1 practice to 1 game ratio. Two teams shared the practices. Rep level each had two practices as did the Female. Issues were lack of player participation at practice, affiliation process, coaches on the same page

Recommend:

- Need to increase ice time throughout the Division
- Develop more commitment at the Recreation level for practice participation
- Explore the possibility of a third Rep team or traveling team
- Develop better affiliation process within the Division
- Discuss the possibility of opening up the borders for female hockey
- Incorporate more competitive drills in practice; game-like
- Put more players on each team for less teams
- No overage players involved in Minor Hockey

Power Skating:

Instructor went to Rep level practices to work with players skating ability. We organized ice sessions for Atom/Pee Wee Recreation players. Both programs met with little participation.

Recommend:

- If ice is available, have regular scheduled sessions
- Instructor goes to practices once a month from Oct-Feb for each team
- Incorporate PS into curriculum; at all practices

Evaluation Program:

Five hours of ice was given to each age group. Un-biased evaluators evaluated all players and ranked accordingly.

Recommend:

- Five hours of ice divided into 5 sessions. Two sessions would be skill sessions, 2 would be game sessions and 1 would be a skill testing session. Each player is tested on 5 stations and then ranked accordingly.
- Have all coaches in the association available to evaluate players. Coaches with own child on ice would not evaluate that level.
- Have a Director/Board Meeting prior to the evaluation sessions to confirm all participants roles and responsibilities.
- Coach has more input at Rep level player selection than 1-12

Goaltending:

Sessions were held on Sunday evenings when ice was available. Original Instructor went on-ice at practice but could not continue due to person situation. Brought in another Instructor from Kelowna. Participation was not the best.

Recommend:

- Move ice sessions during the week for better participation
- Identify possible local instructors to be mentored
- Head coaches need to attend these sessions or have an assistant there
- At the Rep Level, have a goalie coach on ice

. Recommendations at every Level throughout the Association

- Develop checks and balances for Coach Accountability
- If Coaches have not been confirmed; no ice sessions to start
- Incorporate more fun and games at practices
- Develop stronger volunteer system(Coach Recruitment)
- Less team focus and more individual skills need to be taught
- Focus on Individual skills – skating, balance, agility, puck control, skating with a puck, keeping the head up
- Incorporate power skating instruction in practices at all levels
- Develop better commitment from Coaches for Development Sessions (Voucher System)
- Incorporate Evaluation program into Recreation level

- Divide all Recreation Division teams (includes Pre-novice and Novice) equally as possible and then identify coaches
- Lengthen the OMAHA regular season in each Division
- Control the number of tournaments each team plays; practice to game 3-1
- Organize a Parent Information Session prior to the season, this may alleviate any concerns and/or questions throughout the season.
- Director and/or PMHA Board Member to attend the first meeting of each team; this will allow PMHA to hear the coach's team plans
- PMHA to take the affiliation process out of the coaches responsibility
- Look into the possibility of an independent Female Association in the South Okanagan